



The International Order of the Rainbow for Girls  
North Dakota Grand Assembly

## ***North Dakota Rainbow Dress Code***

### **General Appearance**

- Clothes should be clean and neat in appearance
  - No holes, rips or stains.
  - Dresses should be ironed or steamed.
- Proper undergarments should always be worn and not be visible. You may be asked to cover up if undergarments are exposed.
- Jewelry: earrings (that are not too large) and small nose studs are permitted. All other facial piercings are not allowed and you will be asked to remove them.
- Tattoos: may be allowed if they are small and tasteful. Large tattoos should be covered. Tattoos deemed inappropriate will be asked to be covered. This will be determined on an individual basis.

### **Casual wear**

- Be sure tops are long enough that there is no bare midriff when arms are raised.
- Bottoms should be long enough that you don't touch skin when standing straight.
- Rainbow apparel is always encouraged and preferred for Rainbow events.

### **Meetings**

- Skirts or dresses must be worn to all formal meetings.
- Length: no shorter than the longest finger on your hand when standing up straight.
- Color: black or dark colored skirts are appropriate if they are paired with a colored top. Dresses may contain some black, but it should not be the primary color.
- Shoes: sandals, flats, small heels, and dress boots are appropriate. NO FLIP FLOPS, TENNIS SHOES OR COMBAT BOOTS!

### **Formal Rainbow Events** – (not including meetings)

Formal dresses:

- Length: floor length (no more than 2 inches above the ground).
- Color: any color except solid black and other very dark colors
- Coverage: back, midriff, & chest should all be covered. Proper undergarments should be worn but should not show.
  - Straps: straps that are 1" or wider are appropriate. If a dress is strapless or has spaghetti straps, a cover should be worn.
  - Back: dress should come no lower than natural bra line.
- Shoes: flats, dress sandals or small heels are appropriate.

### **Swimwear**

- Swimsuits may be a 1 piece or a 2 piece if it is modest and provides coverage. A cover-up should be worn when walking through a hotel.
- Flip Flops are only appropriate for swimming.

**\*Appropriateness will be determined by the Mother Advisor and/or the Supreme Deputy.**